

Boonmee Pakviset McElroy



Boonmee Pakviset McElroy grew up in a rural town in Thailand where she lived and traveled between Japan, Singapore, and Thailand as an International Life Coach and Inspirational Speaker prior to moving to the United States in 2009. Boonmee Pakviset McElroy is a Licensed Independent Clinical Social Worker, Certified Trauma Focused Therapist, International Life Coach & Inspirational Speaker, Author, Minority Business Owner, and Mental Health Counselor, at a prestigious university in the upper northern U.S. She is also a wife, mother, daughter, sister, and auntie. Most importantly, she is a survivor of severe poverty, mental, physical, emotional abuse, inhumane bullying, multiple sexual assaults, and being orphaned at a young age.

Boonmee through all odds persevered and became successful and founded her own life coaching business: Above and Beyond Coaching LLC. Boonmee is passionate about public speaking, as her main goal is to inspire people to believe in themselves and to have faith in order to keep moving forward with their goals. Her primary interest in public speaking would be in schools and universities to speak about life, faith, purpose, and the consequences and rewards of our choices. Her goal is to show audience how to move towards happiness, healing, and self-acceptance. Boonmee likes to empower her audience by activating their pathways towards purpose, kindness, compassion, gratitude, and hope. It is her aspiration that her audience will learn to trust their intuition, have faith, practice self-belief, and to find their true purpose which will bring their true joy and happiness.



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Boonmee P. McElroy's Background / Credentials / Education



- Licensed Independent Clinical Social Worker (M.S.W. L.I.C.S.W.).
- Certified Trauma Focused Therapist (T-F C.B.T.).
- Certified Life Coach (C.L.C.).
- Coaching Trademarks:
 - *Identity-Mapping/Identity-stamps/identity-Blueprint, (P. McElroy 2021).*
- Practicing as a Mental Health Counselor (Since 2016 - Present).
- Trained as a Seminar Leader and Transformational Life Coach in Bangkok, Thailand from 2004-2008.
- While being trained I traveled to Japan over a dozen times to hone my coaching skills.
- Life Coach and Transformational Seminar Leader in Singapore, Singapore from 2008-2009.
- In 2009, I moved to the United States to pursue my education in counseling.
- In 2020 I made the decision to go back to being a Life Coaching because I discovered that is where my true purpose and joy lie, which is to inspire others to live a purposeful life.
- Author of a memoir, Titles "I Hate Potatoes: It Makes me Cry" copyrighted, 2021 (soon to be published).
- Visit my website at www.aboveandbeyondcoachingllc.com

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